

## Football Update

Contributed by Mark Gray  
Saturday, 18 July 2009  
Last Updated Wednesday, 22 July 2009

Here is a little update for the parents:

Late Registration: Registration is still open for the following teams: Flag, Jr Mitey Mites (80lb) and Jr Midgets (130lbs). For all other teams registration is closed. If you would like to register, bring all of the forms from our registration page to our office at 892 Second Street Pike in Richboro during normal business hours. The office is Degrouchy, Sifer and Associates located next to the Aqua Pools store. A \$25 late fee will apply.

Equipment Pickup (Tackle): We will hand out equipment later this month. A coach/Team Parent will contact you with the date and time and the information will be posted here as well. There are some things you will need to bring to pick up the equipment and there are no exceptions so please please please do yourself a favor and make sure you bring all of it.

Here is what you need to bring (no exceptions):

- The player (they need to have their helmet and shoulder pads fit).
- A deposit check for \$150 made out to the name of N.I.F.A dated for November 31, 2009. This will be returned to you when the equipment is returned.

ALSO If you have not already turned them in:

- The 2 page physical form signed by a doctor in 2009. There are 2 pages to this form, we need both.
- A copy of the players final report card for the year. If you do not have it, contact the school and get another copy. Bring a copy because we need to keep it.

There are no exceptions. All of this paperwork needs to be turned in before the players are allowed to pick up their equipment. This is a league rule.

Football Practice: The schedule for football practice really depends upon each coach, but here is some general info. Tackle practice usually starts the first week of August. The practices are usually held on weeknights between 6PM and 8:30-9. The younger teams usually practice 3-4 nights per week and the older teams practice 4-5. When school starts the number of practices goes down to like 2 nights.

Flag football practice usually starts up in mid-September.

All of the practices and home games are at the Northampton Rec Center.